



HSRAANZ Webinar Series

Weekend allied health services in rehabilitation

Tuesday 23 May 2017 at 11am AEST, 1pm NZST

There is no cost to attend the Webinar but registration is essential. Please register at: . <https://zoom.us/webinar/register/b6a76fe656e1192f7c24e00bf0acd2b8>

Abstract: This webinar will present research on provision of additional weekend rehabilitation services. A series of preliminary studies including systematic reviews, a national survey of practice, and a pilot study were conducted prior to completion of a large randomised controlled trial of rehabilitation inpatients allocated to either a 6-day rehabilitation service (Monday to Saturday) or to standard care (5-day rehabilitation service Monday to Friday). The results demonstrated that compared to standard care inpatients allocated to receive the weekend service had a reduced length of hospital stay with greater likelihood of achieving clinically important improvements in functional independence and health-related quality of life during the admission. From the economic perspective this was likely to be a cost effective intervention. The body of research provides high quality evidence that providing additional allied health rehabilitation services can help patients get better quicker and is likely cost effective from a health service perspective. The next challenge in this research is to explore how best to facilitate transfer of this knowledge into practice.

Nicholas Taylor: Nick Taylor is Professor of Allied Health, a joint position between La Trobe University and Eastern Health. He leads the Allied Health Clinical Research office at Eastern Health. The focus of Nick's research is on improving rehabilitation outcomes, both in the effectiveness of specific interventions and in the way services are delivered. He has more than 200 peer-reviewed journal publications.



Natasha Brusco: Tash Brusco is the Chief Physiotherapist at Cabrini Health. She completed a PhD in 2015 that involved a fully-powered randomised controlled trial in the inpatient rehabilitation setting examining weekend services with a cost effectiveness economic evaluation. Tash's PhD thesis was recognised for its outstanding merit at La Trobe University by being awarded the Nancy Millis Medal for excellence. Tash has multiple additional roles at Cabrini Health including Research Fellow and the Manager of



Education and Quality for Allied Health and Ambulatory Services. In addition, she is an Adjunct Senior Lecturer and Honorary Researcher at La Trobe University for the School of Allied Health.

Webinar Instructions

Instructions - After registering, you will receive a confirmation email containing information about joining the webinar – a link and an ID number.

You do not need an account with Zoom to join a meeting. But please note that some organisations block access to Zoom so you may want to check in advance that you are able to download the software and contact your IT team if you have any problems.

You can join via the web on your PC, I phone or I Pad or by phone:

Australia: +61 (0) 2 8015 2088; New Zealand: +64 (0) 9 801 1188. As a delegate you will be able to hear the presenter and view their slides on your computer. You will not be able to speak but you will be able to use the Q and A (a Q and A button will be visible) to type questions which can be relayed to the speaker.

Call for Speakers for the HSRAANZ Webinar Seminar Series

If you have an idea for a HSRAANZ Webinar please contact [Sarah Green](#) or complete the form [here](#).

The series gives an opportunity to scholars and others to share their research results, seek input for developing research, or discuss issues in health services and policy.

For more information about the HSRAANZ go to <http://www.hsraanz.org/> or contact Sarah Green on 02 9514 4724 email sarah.green@chere.uts.edu.au